



Central Valley Medical Center

Community Health Needs Assessment

2025





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Creating A Culture Of Health

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Creating A Culture of Health | Central Valley Medical Center



In early 2025, CVMC began the process of conducting their Community Health Needs Assessment (CHNA) to fulfill the obligation put forward by the Patient Protection and Affordable Care Act (PPACA). The CHNA uses a systematic, comprehensive data collection and analysis to define the priority for improving the health of community members. Doing so, it creates a collaborative environment with the community and community stakeholders to really prioritize and understand the needs of the Central Valley Medical Center service areas.

As shown by the diagram above, creating a healthy community requires input and resolve from a multitude of community members. The findings later in this document assist in understanding what health means to those CVMC service areas.

2025 CHNA Priorities and Strategy

The CHNA process for the Central Valley Medical Center 2025 Community Health Needs Assessment included the collection and analysis of primary and secondary data, with the goal to provide a better understanding of the health needs in the community. In response to these findings, CVMC received guidance to address their communities needs and develop an implementation strategy to address the needs that came forward during its assessment.

Priorities from 2025 CHNA

Provide a comprehensive view and findings from the areas that CVMC serves. Identify and understand the views and needs of those members who reside in these named areas. The end result is making informed decisions on how CVMC can continue to serve and grow with their community. Continue to collaborate and communicate with leaders and stakeholders in these areas by seeking their opinions and considering them with this report.

Provide care and resources to improve the overall health in the community.

Strategies from 2025 CHNA

Beginning in January of 2025 Central Valley Medical Center started conducting its 2025 Community Health Needs Assessment for the hospital and clinical sites located in Nephi, UT and surrounding areas. These services and needs were reviewed and prioritized by CVMC's Executive and Governing Board on March 12th, 2025. Based on the CHNA and other data collected, CVMC identified these key priorities:

■ **Mental Health**

■ **Pediatric and
Geriatric Well Being**

■ **Preventative Care**

Timeline of CVMC 2025 C.H.N.A

In January of 2025, Central Valley Medical Center began a Community Health Needs Assessment that focused on the Juab and Sanpete County areas. These counties are CVMC's primary service area and where most patients who are seen, reside, making these two areas the focus of our CHNA "community".

- On February 10th, 2025 primary data collection began by way of this survey. CVMC released links to the survey on social media accounts, within facility information boards, flyers, links on centralvalleymedicalcenter.com.
- On February 12th, the first focus group was led by Makenzie Memmott with the Local Inter-agency Council.
- On February 19th, a secondary focus group was led again by Makenzie Memmott to the Juab Unites Motivating Prevention Coalition.
- On March 2nd, the third and final focus group involved the executive board of CVMC.
- During the month of March all primary and secondary data collected was prioritized in preparation of presentation and evaluation by Executive Board.
- On March 12th, the gathered primary and secondary data, as well as the focus group information, were presented to the CVMC Executive Board of Directors where needs were reviewed and prioritized.
- Starting on March 30th, 2025 this report will be made readily available to the community by website: <https://www.centralvalleymedicalcenter.com>.

Even with best efforts of data collection on both primary and secondary sources, limitations still apply. Acknowledging this can encourage careful consideration be given to all aspects of health being impacted and recognized by this assessment. It is also important and noted that this assessment cannot measure all aspects of the community's health, nor adequately represent all those being described and/or designated by these service areas.

Fulfilled Goals of 2022 C.H.N.A

In 2022 a CHNA was conducted by Central Valley Medical Center and implementation was set forward in providing services that were identified as needs within the clinic, hospital and surrounding clinics. The following needs were identified and prioritized and since have been met by CVMC:

■ Mental Health

Mental Health is always a big topic of interest in recent years. As it has trended nationally and in our service areas as well, mental health disparities seem to be ever growing and especially in our youth. In the past three years, Juab County has dropped in statistics of mental health being a leading COD locally. CVMC in 2023 brought into the facility a five day a week and multiple provider therapy group, Sandstone Psychology which expanded resources for mental health exponentially. Not only for patients but for providers to have referrals and information to provide better patient care.

■ Obesity and Physical Fitness

In 2022 a real concern was raised about if our families within the service area CVMC covers have access to be able to address their physical wellbeing. Throughout the past 3 years, CVMC has tried to bring opportunity to events we have held. Our Health Fair in August being a primary example. Providing free fitness classes and bringing awareness to what resources we have in our areas for physical health. Sponsoring multiple races that give opportunity to the community, as well as being one of the major contributors to the largest recreation center in the Central Utah Area.

■ Preventative Care

Preventative care and health knowledge is an issue to many rural communities. Rural is the region that CVMC serves, health education about preventative care has been at the forefront of a majority of our marketing campaigns and decisions made. Helping those around us understand the health concerns and appropriate ages by way of special educational events, and promoting "health awareness" during their respective months by way of social media. This has been a goal and achievement in the last 3 years. Numbers of colonoscopies has risen in the Central Utah Department of Health, as well as women's preventative care.

Fulfilled Goals of 2022 C.H.N.A

The 2022 CHNA goals and strategic planning have been a top priority of Central Valley Medical Center for the past three years. Taking into consideration both primary and secondary data to prioritize what needs listed within the community concerns can take precedence. It is our greatest effort and goal to meet needs that are within our scope of practice, as well as those that would be most beneficial to our community. It is important to recognize that considering all of the parties involved (i.e. medical professionals, educators, community stakeholders, etc.), as well as practical resources, these needs can vary on many occasions and CVMC is constantly committed and adjusting to the fluidity of all healthcare needs.



Welcome to Juab Is | Bruce Wilson

Who is Central Valley Medical Center?

Central Valley Medical Center, popularly known throughout the rural community as CVMC, is an independent, 25 bed, not-for-profit, Critical Access Hospital (CAH) located in the heart of Central Utah. Central Valley prides itself in having the ability and capacity to serve those in need of healthcare within rural Utah starting from birth throughout each important stage of life. Starting in what was a county-owned health care institution, to now, for 40 years of being successfully managed by Rural Health Group, Inc.

Known largely as a prominent leader with rural health care facilities, CVMC has been recognized on many levels from patient satisfaction and community awards, to being recognized for economic and technology leaders within the Six County Region. Delivering superior medical care and patient satisfaction within rural Utah is CVMC's top priority. From the growing variety of trained medical professionals, multiple clinic locations, and being the leader of orthopedic medicine in the state of Utah, Central Valley continues to deliver these services to those who need it so desperately, living in a rural setting.

The CVMC staff honors a commitment every day. Working together and treating patients with compassion, integrity and respect, defining quality by considering the patient experience from the first phone call, all the way through to the final follow up appointment. Central Valley Medical Center is committed to providing quality healthcare, while providing experience and exceptional care. Quality care closer to home is something Central Valley will stand by and prioritize with every action and decision in the care rendered by CVMC.

CVMC offers primary health care services including but not limited to:

Cardiopulmonary / Respiratory Therapy • Cardiology • Diagnostic Imaging • Dermatology
Emergency Services • Endoscopy • ENT
Gastrointestinal Surgery • General Surgery • Gynecology • Hospice Services
Inpatient Care • Labor and Delivery • Laboratory Services
Obstetrics • Occupational Therapy • Oncology • Orthopedic Surgery
Outpatient Medical Clinics • Pain Management • Pediatrics
Physical Therapy • Podiatry • Rehabilitation • Retail Pharmacy
Sleep Health • Speech Therapy • Sports Medicine • Swing Bed Services • Urology



Our Mission, Our Vision, Our Values

CVMC Mission

The mission of Central Valley Medical Center is to provide sensitive, compassionate healthcare of the highest quality to our patients, their families, and friends.

We do this in a manner that encourages the efficient use of resources while providing a working environment that promotes the personal and professional growth of our employees.

CVMC Vision

CVMC is a place where quality healthcare is our goal, and professional and personal growth is our priority.

CVMC Values

Evolve • Care • Impact

Central Valley Medical Center

Our Leadership

CVMC's Executive Leadership Team consists of the follow individuals:



Mark Stoddard
CVMC President &
Chief Executive Officer



Brent Davis
Chief Financial Officer



Randy Cuff
Chief Operating Officer



Mike Taylor
Chief Information Officer



Sammie Cox
Chief Nursing Officer



Brian Allsop
Human Resource
Director



Von Nelson
Outpatient Clinic
Director



Makenzie Memmott
Communication & Marketing
Director

The Community Governing Board of Trustees for Central Valley Medical Center is composed of a CVMC Executive Team Member along with volunteer community and business leaders committed to improving the quality of healthcare provided to all patients. The Board is charged with providing input and direction to the executive leadership team and administration of the Hospitals and Clinics to ensure that the institution fulfills its mission.



Mark Stoddard
CVMC President &
Chief Executive Officer



Mark Chase
Board Chairman



Leanna Lundelle
Vice-Board Chairman



Tim Blackham
Board Member



Sue Ann Whitlock
Board Member



Kasey Wright
Board Member



Dan Olson
Board Member

Central Valley Medical Center

Message to our Community

As we begin to look at the future of Central Valley Medical Center, we have reflected on the great work of our medical staff, staff, volunteers, and Board of Directors. We feel it is our privilege to serve the people that are cared for by CVMC and work with some of Utah's best and brightest.

In 2022 we finished the last of our main building's remodel. A lot of anticipation and excitement could be felt as we realized what type of care could now be accommodated. We will continue in our accomplishments in 2025 and look forward to new additions at Central Valley Medical Center in the coming years.

CVMC is grateful to play a vital part within our community. We are confident in the quality services we provide at CVMC and we are particularly pleased with our incredible staff who make CVMC what it is.

We are grateful for your continued support and look forward to improving our services in the coming years.



Mark Stoddard,
CVMC, President & CEO



Randy Cuff,
CVMC, COO

What community do we serve?

Central Valley Medical Center is the primary facility of the CVMC health system and is located in Nephi, Utah. This is geographically close to the center region within the state of Utah. This area, which includes most of CVMC's primary service area, is often referred to as Central Utah. Nephi City is a small, rural town with a population of approximately 7,122 and is located in Juab County, which as of July 1, 2023, has an estimated population of 13,023 according to the United States Census Bureau (V2023).

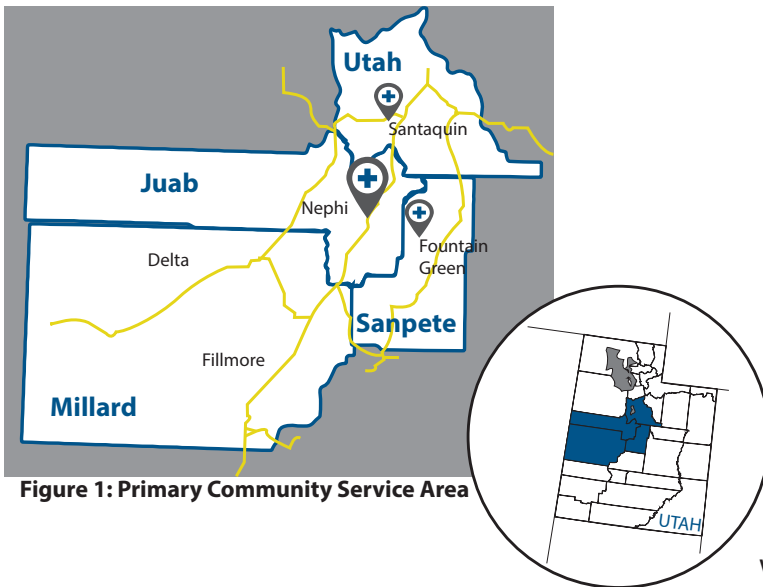


Figure 1: Primary Community Service Area

The Nephi Campus and CVMC's two sister-clinic locations provide services primarily to communities from Juab, Sanpete, Millard and Southern Utah County. (see Figure 1). CVMC is a critical access hospital located within the convergence of several major highway systems. (I-15, SR 132, and SR 28); As of April 20th, 2022 Central Valley received Level 4 Trauma Center Accreditation, making it a place that provides care to many travelers passing through, as well as visitors to the major recreation attractions in the area.



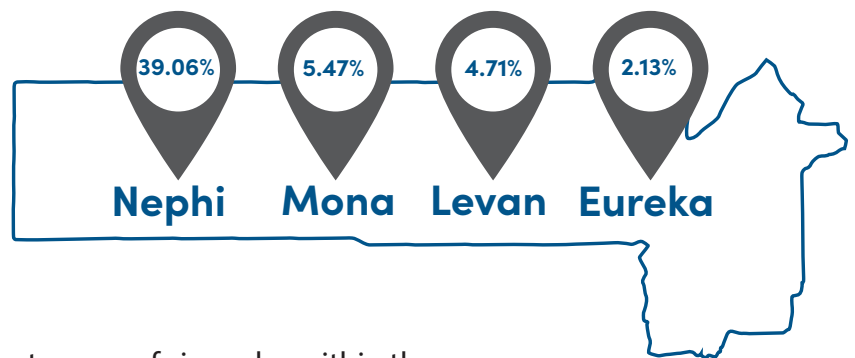
Photo from Juab County Travel Facebook Page

What community do we serve?

An analysis of total patients served by CVMC indicates that the majority of patients claimed residency in Juab County, accounting for 51.37% of all patient encounters. The Nephi zip code accounts for 39% of those zip codes within Juab County.

City	Zip Code
Nephi, UT	84648
Levan, UT	84639

City	Zip Code
Mona & Rocky Ridge, UT	84645
Eureka, UT	84628



Sanpete County makes up for the next largest group of zip codes within the CVMC encounters, with 21.28%. While CVMC's presence within Utah County has grown more than 4% since 2021 and accounted for 12.77% of CVMC's total encounters. Millard County at 10.18%, other Utah Counties 4% and 1% out of state.

Fountain Green, UT	84632
Moroni, UT	84646
Mt. Pleasant, UT	84647
Manti, UT	84642
Sterling, UT	84665

Fairview, UT	84629
Ephraim, UT	84627
Centerfield, UT	84622
Mayfield, UT	84643

Chester, UT	84629
Spring City, UT	84662
Wales, UT	84667
Fayette, UT	84630
Axtell, UT	84621

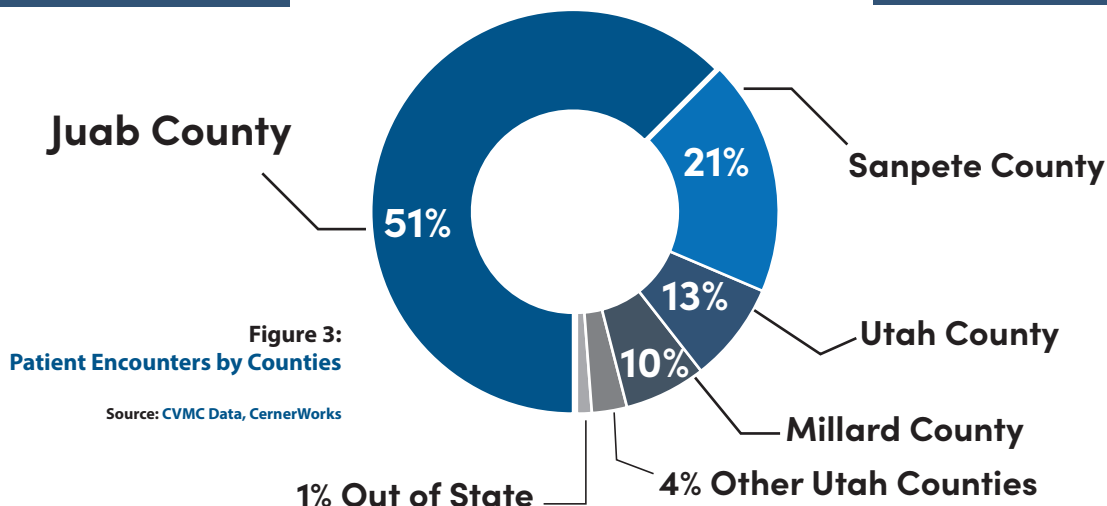


Figure 3:
Patient Encounters by Counties

Source: CVMC Data, CernerWorks

The People and Population

Juab and Sanpete Counties are growing rapidly. With an increasing cost of living, many are searching for less expensive places to raise their families. Juab County has seen a total increase of 26.88% from 10,264 in 2010 to 13,023 in 2023, 11% of this being just within the last year. Sanpete county has seen a 10% increase of population from 27,540 in 2010 to a projected 30,277 in 2023. As shown in Figure 4, Utah is experiencing significant growth along the Wasatch Front. Both Sanpete and Juab Counties are experiencing rapid growth rates when compared to other counties within the United States. Gender delineation for Juab County is 48.1% female and 51.9% male, while Sanpete County has nearly the same percentages with 46.8% female and 53.2% male².

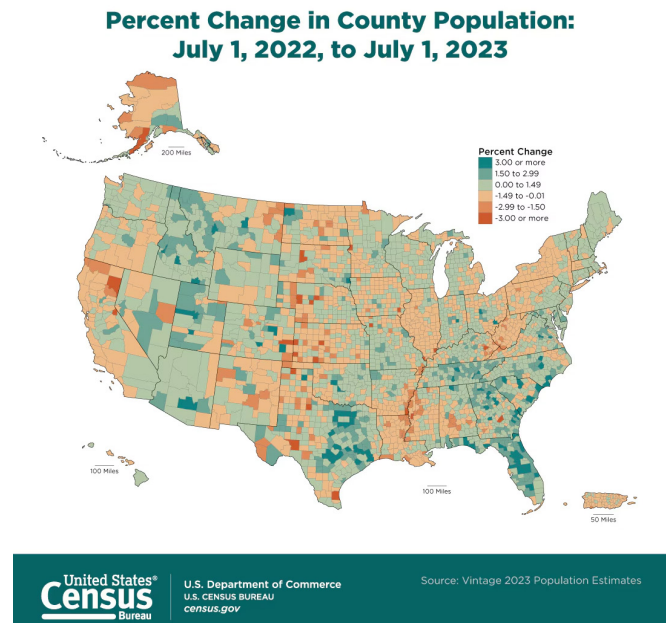


Figure 4:
United States Census Bureau

These two counties account for roughly 78.38% of CVMC's service encounters, with the majority of patients residing in Juab County. Central Valley's largest facility is located in Nephi City, Utah making it accessible and easy for Juab county residents to access, with 52% of Juab County's population living within Nephi City limits. Central Valley is the only critical access hospital located in Juab County in addition to being the only medical clinic within the county limits. Meanwhile, Sanpete County has two hospitals, Sanpete Valley Hospital located in Mt. Pleasant, 32.1 miles from CVMC's main campus, as well as Gunnison Valley Hospital in the City of Gunnison, about 42.7 miles south³.

The People and Population

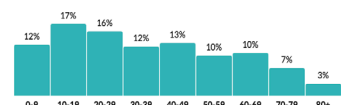
According to the US census, the most represented age group nationally is 18-64 years, with the U.S. having 61.1% of the population within this age group. Juab falls 7.4% under the national average with 53.7% of the population within the 18-64 years age group. Sanpete County is now hitting the national average for the 18-65 age group at 61%. Sanpete County is home to Snow College, a two year junior college in Ephraim, Utah. This makes the majority of this age group within Sanpete County⁴.

33.8

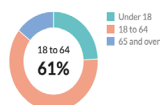
Median age

about 10 percent higher than the figure in Utah: 31.7
about 90 percent of the figure in United States: 38.7

Population by age range



Population by age category



Population by age range (Table B01001) [View table](#)

Column	Sanpete County	Utah	United States
0-9	12.4% ±0%	3,629 ±148.4	15% ±0%
10-19	17.4% ±0%	5,095 ±197.3	16.5% ±0%
20-29	15.7% ±0%	4,577 ±340.6	16% ±0%
30-39	11.9% ±0%	3,486 ±231.3	14.1% ±0%
40-49	12.8% ±0%	3,734 ±198.6	12.5% ±0%
50-59	9.7% ±0%	2,841 ±179	9.6% ±0%
60-69	10.4% ±0%	3,032 ±268.2	8.6% ±0%
70-79	6.8% ±0%	1,975 ±162.1	5.2% ±0%
80+	2.9% ±0%	840 ±126.4	2.5% ±0%

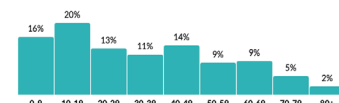
Hide data

30.5

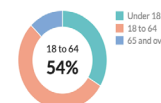
Median age

a little less than the figure in Utah: 31.7
about 80 percent of the figure in United States: 38.7

Population by age range



Population by age category



Population by age range (Table B01001) [View table](#)

Column	Juab County	Utah	United States
0-9	16.2% ±0%	1,986 ±137.5	15% ±0%
10-19	20.1% ±0%	2,463 ±152.1	16.5% ±0%
20-29	12.9% ±0%	1,587 ±144.3	16% ±0%
30-39	11.3% ±0%	1,384 ±162.6	14.1% ±0%
40-49	13.8% ±0%	1,687 ±188.4	12.5% ±0%
50-59	8.9% ±0%	1,092 ±111.4	9.6% ±0%
60-69	9.5% ±0%	1,161 ±175.2	8.6% ±0%
70-79	5.2% ±0%	634 ±128.8	5.2% ±0%
80+	2.3% ±0%	279 ±99.8	2.5% ±0%

Hide data

Figure 5 and 6:
Censusreporter.org

As the population increases, and as the older adult population continues to grow rapidly, it causes concern for socio-economic stability. As needs for issues such as supplemental income become a priority for these senior adults, lower income Americans will be the ones who will see the biggest hit from adjustments that need to be made to aid Social Security. Though both main service areas are beneath the national average, Sanpete and Juab County are higher in ages 65+ than the state of Utah which is only at 12%, making these service areas nearly 25% higher than the state average.

The People and Population

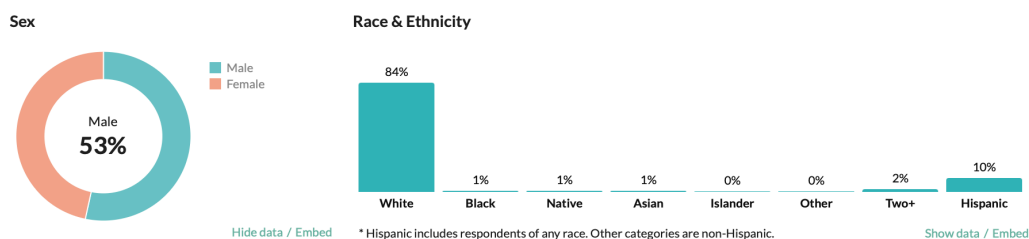


Table B01001 [View table](#)

Column	Sanpete County			Utah			United States		
Male	53.3%	±0%	15,577 ±83	50.6%	±0%	1,686,562 ±710	49.5%	±0%	164,545,090 ±6,966
Female	46.7%	±0%	13,632 ±83	49.4%	±0%	1,644,625 ±710	50.5%	±0%	167,842,450 ±7,054

Hide data

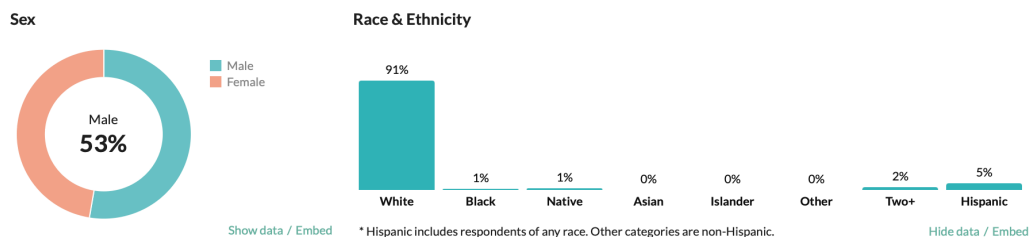


Table B03002 [View table](#)

Column	Juab County			Utah			United States		
White	91%	±0%	11,168 ±51	75.7%	±0%	2,521,945 ±2,836	58.2%	±0%	193,338,270 ±30,069
Black	0.7%	±0%	80 ±55	1%	±0%	34,607 ±1,349	12%	±0%	39,981,608 ±43,649
Native	1.1%	±0%	129 ±46	0.7%	±0%	22,765 ±1,059	0.5%	±0%	1,751,338 ±8,345
Asian	0%	±0%	0 ±19	2.3%	±0%	77,221 ±1,529	5.8%	±0%	19,106,872 ±24,071
Islander	0%	±0%	1 ±4	0.9%	±0%	30,359 ±1,433	0.2%	±0%	565,623 ±5,045
Other	0%	±0%	0 ±19	0.4%	±0%	12,028 ±1,658	0.5%	±0%	1,646,202 ±22,146
Two+	2.1%	±0%	254 ±89	3.6%	±0%	119,249 ±3,276	3.9%	±0%	12,866,039 ±60,312
Hispanic	5.2%	±0%	641 ±0	15.4%	±0%	513,013 ±89	19%	±0%	63,131,588 ±1,495

Hide data

Figure 7 and 8:
Censusreporter.org

Socioeconomic Factors

If CVMC is to truly understand the communities it serves, diversity within this service area must be identified. Understanding socio-economic status of race, education, and physical environment is crucial in bringing resources to the area. Health disparities present to each demographic group in a variety of different ways, more than just racial/ethnic minorities. Characteristics can be shown within certain ages, and education status. Health disparities and health equity can be key metrics for assessing progress in CVMC's ability to serve⁸.



Ute Stampede Rodeo: Steve Gray

According to the Utah 2022 Census Bureau, CVMC's service area is sitting at a 11.66% poverty rate, which is slightly above the State average at 8.52%. This percentage reflects 17 different indicators of socioeconomic status. These factors have been linked to multiple health outcomes and the indicators have been shown to present challenges for those living in deprived areas¹⁰.

Socioeconomic Factors

CVMC's Service area is significantly lower in income than the median Utah household. Utah's median income according to the US Census (using data from 2022) was \$77,079, which is just slightly under the national average at \$77,719. However, due to the nature of Utah households being larger, what is considered income per capita has Utah slipping below the national average overall. This puts Juab and Sanpete counties' median household incomes that much lower than the national average. Per capita, the national income in 2023 was \$43,289, while Utah was \$39,240 and our communities around \$30,000.

Between the two counties, the average yearly income is \$77,079. This being more than \$10,000 under the state average. Since 2022 when the last CHNA was produced, this gives an indication that household incomes are growing to keep up with the national average, but still are over \$10,000 lower than the average.

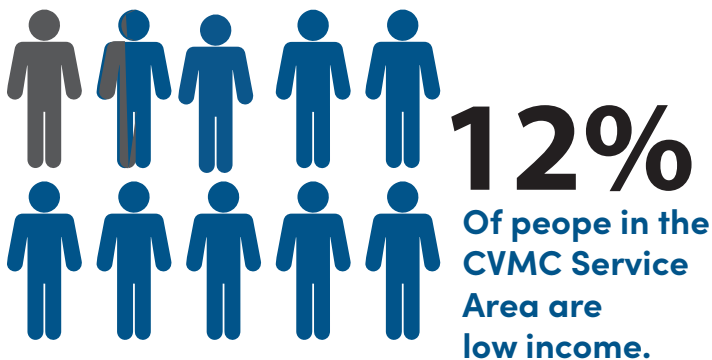


Figure 8: Low Income Community
Source US Census | 2023

\$77,079

Our Community

\$77,079

Utah

\$93,421

\$77,719

United States

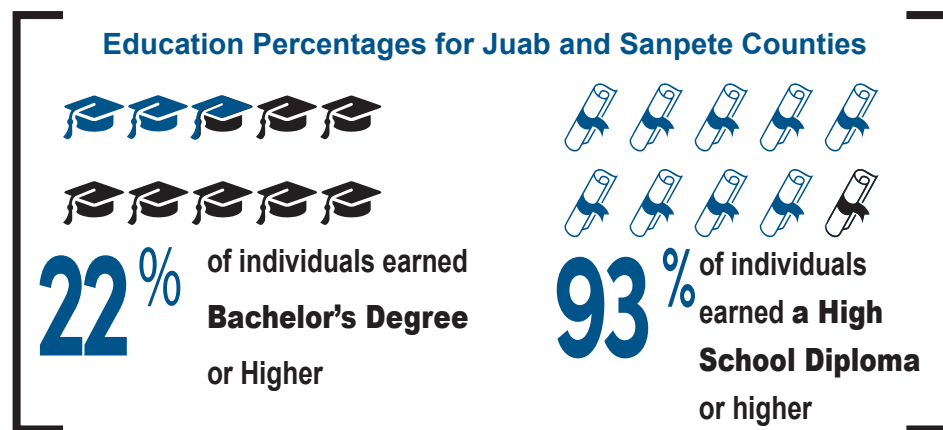
Figure 8: Average Household Income
Source: US Census | American Community Survey 2023

There is a strong correlation between lower income families and poor health status. Many take the approach in believing it is due to the reality that those individuals may not be able to afford quality health-care, causing them to take alternate avenues for health remedies and not seeking qualified providers. However, this may not always be the case, as many low-income families/individuals have limited chronic mental or physical capabilities. This may often make completing educational pursuits or finding steady careers not an option.

Socioeconomic Factors

A factor that is still limiting low-income/ families is lack of adjustable hours by medical clinics. Many cannot afford to take the time off from their employment during regular business hours. Often times, after-hours clinics charge higher fees, as well as cause necessary travel, putting these families at higher risk for not getting the healthcare they need. This is something CVMC has tried to accomodate by expanding our clinics "night" clinics where availability is open as late as 8 pm as well as Saturday.

People below the poverty threshold can oftentimes fall victim to poor living conditions and extreme choices, ultimately affecting their health in ways that can last throughout generations. With 14.8% of that population falling within Sanpete County, and 8.56% making up the rest in Juab County, poverty within these communities can have effects on healthcare gaps and choices, stress, and toxicity. Thus, making the ability to maintain good health and vitality extremely difficult.



Another strong correlation that lies within health are those who have a higher education and those who do not. Within the service area of CVMC it has been shown that 92.5% of those within Juab county have graduated high school (or the equivalent of), while 20.2% of individuals within the county have graduated with a Bachelor's Degree or higher. Sanpete County, 92% have a High School Diploma (or equivalent) and 23.2% have completed a Bachelor's Degree or higher. When compared with the state average of 37.9% with a Bachelor's Degree or higher, the service area of CVMC is still behind, but achieving growing numbers within higher education¹².

When Process and Method Meet Analysis



As a requirement set forth within the CHNA process, community stakeholders, representing the broad range of the community as well as individuals representing the different populations recognized by the demographics within the CVMC service areas; these groups and individuals participated in interviews and focus groups conducted in February 2025.

Interviews and Focus Groups

Local Interagency Council Focus Group

The Local Interagency Council was formed in the 1980's by the Juab School District. This council was made up of all local and surrounding agencies interested in the service of Juab County families. A monthly meeting is conducted and their mission is to staff, coordinate and provide appropriate services and resources, while identifying physical, mental, and social services to families of Juab County.

Health of the Community

Still addressing Access to Care

A common anomaly that faces those who live within a rural part of any state is required travel while trying to receive appropriate and necessary healthcare. Due to the nature of specialty care, many times residents are required to travel long distances to receive essential care. Access to a hospital geographically within these areas is difficult because of the large amount of federally owned land that cannot be developed. This presents a unique challenge to these populations; things such as increased costs and travel time that many have to take away from their places of work.

Comprehensive, quality care has been a growing concern that was vocalized within some of the focus groups and surveys taken with the 2025 CHNA. Gaining access to care for necessary health services has been a challenge especially with 94.2% of Utah residents live in what are considered “rural” locations. Lack of public transportation and the need for travel to receive appropriate care are causes of concern for these populations. Better health for these communities includes having not only a facility within their geographic area, but also the resources and specialties that can be accessed in the facility. If access to care is easier, healthier communities follow¹³. With CVMC Opening up their new Oncology Unit in 2021, it has been able to provide care to those in need of cancer and infusion services.

Life Expectancy and Mortality Trends

For the service areas of CVMC, life expectancy and mortality from potentially preventable causes are worse when comparing the Utah State average and the the nation's. For those children born within our service area, they can expect a life span of 78.7 years. This is just under the state average which is 79.9 years of life. Overall, Utah is one of the states that has the longest life expectancy. Heart Disease is the leading cause of mortality within the CUPHD district with 168 per 100,000 dying from heart disease diagnosis'. This being over the state average.



Health of the Community

Both Juab and Sanpete Counties fall under the Central Utah Health Department. When comparing the state and national averages there were common trends between the leading causes of death.

Cancer related deaths were the second leading cause being 130 deaths per 100,000 population.

Unintentional injury deaths were also higher than the state average at 56 per 100,000 population¹⁴.

A trend that is decreasing but still alarmingly more than the state average in Central Utah is Suicide Rates. Data that was collected between 2020-2022 shows suicide within the CVMC service area above the state average, CUHD reports 28.2 per 100,000 population. In the year of 2023 suicide was the leading cause of death from ages ranging 10 to 44 years in the state of Utah. According to the IBIS data for Utah, 14 Utahns were treated daily for self-inflicted injuries¹⁵. A significant decrease from the 2021 data.

Routine Medical Care

An area of health that indicates need for improvement within the CVMC service areas is preventative and routine medical care. Many areas of preventative care fall short within these service areas according to the the Utah Health Department's IBIS database. In order to maintaining good health, these areas of care could prevent onsets of serious and preventable medical conditions. Poor health literacy is the degree to which individuals have the capacity to obtain, process and understand basic health information and services needed to make appropriate health decisions. Rural communities are highly affected by this. Lower education levels and high incidence of poverty often impact these areas¹⁶.

Routine and Preventative Medical Care	CUHD (%)	Utah (%)
Routine Medical Check Up in the past year	71	69
Ever received the Pneumococcal Vaccine	61.4	72
Influenza Vaccine within past 12 months	47.2	58.2
Deaths with Diabetes as underlying cause	32.2	24.8
Adults with Diabetes	9.5	8.5
Mammogram within the past two years	61.8	63.8
Pap Screening within the last three years	54.8	60.9
Prostate Specific Antigen Testing	32.9	37.2
Colon Cancer Screening	67.3	74.3
Current Cigarette Smoker	13.3	8.2

When Process and Method Meet Analysis

On February 1st, 2025 CVMC distributed the 2025 CHNA Survey by way of electronic survey. Due to geographic barriers that Juab and Sanpete Counties present, electronic distribution was determined by the CVMC Executive Board as allowing ease of access to the survey to all of those that CVMC serves.

Through the month of February the Central Valley Medical Center survey was distributed by informing the public about the CHNA Process, in addition to where and how the survey could be taken. These promotional efforts included, but were not limited to the CVMC website, which included placing the survey on the main page traffic is directed when accessing the website, social media promotion and campaigning efforts, locally placed digital displays, distribution of fliers, newspaper ads and conducting focus groups and interviews within local coalition meetings.

Primary data was collected by way of survey where the CVMC 2025 CHNA Survey was provided to all of CVMC's service areas. After all electronic surveys were complete, paper surveys were given to those who wanted to participate. The survey was also presented at CVMC Physician meetings, JLIC and Juab Prevention councils/ coalition meetings where community stakeholders, leaders, medical personnel, also provided feedback.

Secondary data collection was a combination of data collected from sources of health statistics from a variety of local, state, and national information sources such as the Utah Department of Health and the United States Census Bureau. These sources of data provided information that was used to determine current public health data, population and demographics to determine what areas of service CVMC is providing care.

Interviews and Focus Groups

Local Interagency Council

On February 11, 2025 Makenzie Memmott, Central Valley Medical Center's Communication and Director of Marketing conducted the meeting that was held for the Local Interagency Council. On behalf of CVMC, Makenzie explained the CHNA process and how the collaboration of local leaders, stakeholders and representatives can provide better healthcare outcomes for those individuals they represent. While the electronic survey was presented to those members of the LIC, individual interviews, along with a group discussion, was held.

In this meeting, interviews were addressed and the participation within the LIC was more than expected. This demonstrated that the members of the LIC really wanted to understand the hospital and its interest to include LIC within this process. It also brought up many ideas and ways that all of these groups involved with the JLIC could help those they represent through CVMC, making the statement that CVMC has more to offer local agencies than just medical services.

This meeting was taken up by expanding on additional resources that the hospital has added in the past three years. Taking on the approach of awareness and availability and what resources have become available. A conversation was discussed about detrimental behaviors that lead to mental health crisis. More than just saying "mental health is a problem" it was discussed more in detail as to why that is a belief and what is making primarily the younger generation struggle.

A similar discussion was had about the lack of transportation needs to our minority groups. Without transportation, they cannot access the care that is needed. Another was access to preventative care and education. Discussion also took place about the need of communication between physicians and local school counselors. Along with what resources are being brought to the community events and if those who are in need of services really understand. See **Appendix A** for entirety of those who participated in this focus group and the community members who make up the LIC.



Interviews and Focus Groups

Juab Prevention Coalition Focus Group

The Juab Prevention Coalition is a local group that focuses on uniting the community by encouraging youth to build strong and healthy foundations that will empower them towards positive development. The coalition is a team of dedicated members of different organizations within the surrounding community, as well as individual community members who want to be involved and make a difference.

On February 19th, 2025; CVMC was once again represented by Makenzie Memmott who then conducted another focus group within the JPC Coalition monthly meeting. During the meeting Ms. Memmott expressed the need for local support and collaboration in order to bring the best healthcare resources to those within our community. By explaining the CHNA process, the coalition began to understand why it was important to consider different perceptions of what the needs were in the community, and that it could be community led in regards to what CVMC could focus on in their strategic planning. Though there is some overlap of those within the LIC and JPC groups, their purpose and contributions are different in their missions, giving different perspective.

Ultimately this meeting revealed concerns among the older generation within the community and if they were gaining the same resource help as the families within our community. We talked that men's preventative health is a concern and that more males in the county and surrounding areas need to be encouraged to participate. Local agencies and individuals are happy with the resources that have been available in the past few years and are excited to continue to see growth and resources expand. See **Appendix B** for entirety of those who participated in this Focus Group and which agencies are represented by this group.

Interviews and Focus Groups

CVMC Executive Board Meeting

The third and final focus group that convened was held on February 25th at a weekly meeting, where CVMC executive board as well as invited participants talk about the needs of the facility. During the meeting Ms. Memmott conducted an open forum and questioning session for the the board to address and discuss as a team. Giving that this board has direct impact on decisions made for the facilities, it gives them a unique perspective. A commonality among what was discussed was being able to serve the older generations of the community. On the opposite side, also serving the growing number of children from ages 0-18, which is Juab County's largest growing age group. It was discussed also about how the community does a fantastic job of giving opportunities to learn about what is available.



CVMC's Second Annual Journey To Medicine Event.

Interviews and Focus Groups

The following are the quoted responses from the focus group meetings. If an answer was repeated, it was mentioned in this list once.

1. What are the most important health issues facing Juab County as a whole?

- Mental Health
- Teen mental health
- Depression, Anxiety
- mental health crises between children and parents
- Mental health, addictions - substance abuse
- Preventative health and wellness
- affordability
- Healthy, active kids and families
- Substance abuse, mental health challenges, and probably lack of physical activity.
- I think mental well being is what we are seeing at the schools. Drugs, addiction, financial impact.
- Mental Health for elderly individuals
- Affordable healthcare
- obesity
- Encouragement of routine screenings. Many young people are not getting them. Which would help in early diagnosis and treatment of many diseases. Many people don't do regular basic follow-ups with their doctors. I would guess d/t a lack of knowing.

2. Generally, how would you rate or describe the community's health?

- 6
- 8
- 8 If 10 is the worst then I feel Depression and Anxiety has risen two fold
- 7, the system is set up better than other rural areas.
- 8 great access to quality health care facilities and doctors.
- 7 - moderately healthy but seeing declines in community engagement
- 5. I'm basing that off my personal connections and feel that there could be more improvements in health overall.

Interviews and Focus Groups

- 8- I see Juab as an overall healthy community.
- 7 we seems to have a healthy student population at the school.
- 4 people put off basic care because they can't afford it.
- 7 for the most part I feel we are a healthy community
- 8 I think overall many families are aware of needs and work to address them. Many families here have strong values and positive family cultures that contribute positively to their children's ability to persevere and succeed and provide a buffer between stress and trauma.
- 6 because I think mental health is a huge struggle, expenses are going up and extra stress on families is a regular thing for most families
- 5. With the influx of cellphone usage, social media, etc. I feel the overall health of individuals has decreased. They get sucked into "just 5 more minutes" which turns into hours. So they aren't as active as they were in the past. There are groups with better health and some with worse health. I believe the ones with better health have made it a point to be healthier and also make it a point to decrease the time wasted on electronics, etc.

3. What are the most important health issues facing children/ adolescents?

- We are seeing an increase in anxiety and overall mental wellness in your children. We are also seeing a decrease in children being able to communicate and would love the help of our community to overcome this issue. Oral language is becoming a major problem with young children which leads to the anxiety because children cannot communicate their feelings or know how to express their thinking. Lack of sleep is also a big contribution factor that we are seeing in children, which leads to many different behaviors.
- Mental health, how social media and outside pressures are affecting them. Screen time and access to unsafe content online.
- Mental Health / Anxiety
- Nutrition
- obesity
- Mental health-specifically anxiety and other mood disorders.
- lack of exercise - don't go outside and play as much anymore
- Teens: puberty, body image, nutrition, substance abuse, suicide. Younger children: bullying, obesity, child abuse and neglect.

Interviews and Focus Groups

4. What behaviors have the most negative impact on health?

- negative self worth - and all the host of issues that surround that aspect of self
- Inability to pay for health services
- Not being able to afford the health care that is needed for intervention
- poor diet and sleep habits
- Generational family concerns, lack of health insurance.
- Nutrition
- no exercise
- Parent and family disengagement
- Mental health, self-harm, substance use and abuse
- At the elementary age: Lack of sleep, lack of food (students not eating breakfast), excessive screen time.
- Drug use, unrealistic expectations, and mental health like anxiety and depression.
- Not staying home when sick
- Avoiding preventative care
- Laziness
- Over use of technology.
- No sleep, bad diets
- too much screen time - tablets at home and school, cellphones, etc

Interviews and Focus Groups

5. What barriers stand in the way of minorities and low-income families receiving better health services?

- misinformation and desire to learn more about issues
- Unaware of community resources
- Just that low income, but, I don't feel that it is only low income and minorities that are affected, it is across the board
- unaware of how to get help and resources and how this affects mental health
- Knowledge and language.
- Access
- being able to pay for ordered testing
- Not sure
- Transportation, lack of knowledge on how to seek health services, lack of insurance and funding, language barriers, trust or lack of trust in "the system"
- Financial and knowledge
- They typically have better access through Medicaid in my experience working with families. Language can be a barrier for some.
- Cost... lack of proper insurance
- I think we have great programs for low income families. There could be a lack of knowledge in these programs.
- Time. Time to get to appointments, time away from work to address needs.
- Money, education and access
- Lack of money, knowledge, and other resources. They often are struggling to put food on the table, to get to work, etc so sadly their health and the health of their families suffer (mental, physical, dental, visual, etc). Also, if they do happen to get seen for an issue they often don't have the financial resources to pay for the care, treatment, medications, etc

6. What community assets support health and wellbeing for the community?

- all...every single resource impacts the overall community as a given time
- Health department and CVMC

Interviews and Focus Groups

- Hospital, clinic, local Mental Health
- Central Utah Counseling Center
- CVMC, school district, community recreation.
- County Health, Central Valley outreach and community events, recreation opportunities
- local recreation department, is keeping elementary and jr. high age kids active
- Community engagement health challenges in community wide
- Parks, swimming pool, walking paths, free information fairs and classes, recreation opportunities, more activities for adolescents and teens to engage in.
- Public health programs (immunization clinics), Faith (churches), recreation, local businesses, public services
- CUCC
- CVMC
- Lots of community collaboration
- Nephi Rec, The Hive, The Gym, The Hospital.
- CUCC, CUES, recreation activities and sports, "wasp fit", our schools.
- I think the free community dental clinic that came around a few months ago was great, the vision clinics, health fairs with discounted or free testing, payment vouchers, etc.

7. What, if any, health issues have recently exposed inequities that are lacking in our community?

- lack essential preventative resources
- Bullying, suicide awareness
- stated above
- translating services
- I'm not sure about care and quality activities for seniors citizens.
- n/a
- Free clinic or options for families lacking insurance
- I'm honestly not sure, maybe education.
- Not enough support for mental health and drug use.
- Not sure
- Many young people with cancers (breast, colon, etc), young kids with rotting teeth or inability to see.

Interviews and Focus Groups

8. What should CVMC focus on to improve the health of our community?

- Very impressed with how Juab is getting in front of these essential issues
- Continuing to provide the care that people are in need of
- Refer clients for counseling
- Out reach to at-risk populations.
- n/a
- Continue partnerships with promoting healthy living and providing resources for families
- Collaborate with schools and employers to discuss what they are seeing from the child's side of things. We would love to work with you to educate new parents (maybe provide information after they have a child) on the importance of communicating and developing oral language. Thank you for being amazing, we love CVMC!
- More focus on mental health being mainstreamed instead of a taboo topic
- Sponsor a community walking path
- Services that are affordable. We shouldn't pay twice as much because it is a shorter drive.
- CVMC is an amazing asset to our community and they just need to keep doing what they are doing.
- Education to the community of available resources, education of how to support kids healthy use of technology and social media.
- Educate community and continue to bring in great doctors!
- Possibly doing health fairs throughout the year (bi-annually or quarterly) to allow more people to participate and receive diagnostic testing, etc they so desperately need - possibly get some of the local dental clinics and vision clinics to join in. Offer vouchers, or discounted exams, testing, etc. More education on annual check-ups with PCP not only for young children, but Adolescents/Teens, adults, and the elderly. Education on when it is recommended to start to get screenings done for Cancer (Breast, colon, prostate, ovarian, etc), what screenings are needed and how often individuals should get the testing (ex: yearly, every 5 years, etc).
- Educating the public is going to go a long ways - make sure to include pushing the info out to populations of low income or minorities. Also include in the education abnormal s/s that could indicate problems

Online Survey Results

Online CHNA Survey

During the months of January through February of 2025, CVMC released an online survey to the public for the CHNA community analysis. The survey was distributed throughout CVMC on digital signage, flyers, as well as placed on the centralvalleymedicalcenter.com website. Explanation of the survey's purpose and the goals behind the CHNA were also posted on social media websites, along with the link to the survey.

The typical amount of time spent on this survey was around 4 minutes. The first question was set to determine the respondent's zip code, determining if they lived within the CVMC Service Area. Out of the surveys completed, 82% were from Juab County, 17% from Sanpete County, 1% from South Utah County.



Significant Identified Needs

There were four main topics of conversation that emerged within this process of focus groups and the CHNA survey:

- Behaviors and indicators that can be indicative for those with mental health issues. Helping prevent a mental health crisis, before an individual is in one.
- How to better serve the lower income families and resources. CVMC making an effort to ensure optimal healthcare and service is being rendered to all.
- A need for support two those in the 65+ age category in healthcare. Need for more education opportunities along with affordable healthcare.
- Expanding on resources already offered locally and making sure patients are aware of what healthcare is readily available to them.

Most Significant Community Health Needs:

These needs were identified when combining the responses from the focus groups as well as the responses within the CHNA survey. While within the survey and interviews many responses were given, many may or may not have had significant data to be listed.

**Mental Health
Resources for at risk groups
Heart Disease and Preventative Health
CVMC Customer Service and Availability
Substance/ Alcohol Abuse**

CVMC values each response given within the CHNA process. While responses were noted and considered, it was the job of the Governing Board of Director's and Executive Team to evaluate all sources. The specific needs of the service areas were identified and prioritized. Incorporating them into CVMC's scope of practice and resources provided.



Significant Identified Needs

Significant Need #1 Identified: Expansion in Mental Health Resources

1. CVMC Goal: Find areas that affect the wellbeing of an individual that have direct affects on their mental health and address before a mental health crisis occurs.

Action one | A resource that is needed in the rural setting is more support to the postpartum mothers of the community. We will implement a protocol to help new mothers before they are released home to ensure that their questions and mental health are properly evaluated and resources ready for them to take home.

Action two | Making sure that all physicians are properly educated on treatment and local resources to help their patients that are in a crisis. Keeping close contact with those agencies that are within the area and have direct contact with them so patient care can be seamless.

Significant Need #2: Identified: Support and Resources for Geriatric Aged Patients.

1. CVMC Goal: With the help of our focus groups, realizing the lack of resources to this specific age group. CVMC is ready to procede in Providing more specified care to the elderly patients of our services areas.

Action one | CVMC is committed to actively finding an Internal Medicine doctor that can care for and treat those within this needed age range in our service areas.

Action two | Providing more educational opportunities and availability for seniors to take part in. Additional resources at our annual health fair that are catered to this age group specifically.

Action Three | Ensuring that the facility is easily accessible to those in this age group. Collaborating with local interagency groups to keep understanding needs that this in particular group needs. Making sure

Significant Identified Needs

Significant Need #3: Support to Pediatric Age Groups

1. CVMC Goal: With ages 0-18 being the fastest growing age group in our service areas, the need for more accessible pediatric care and resources are growing.

Action one | Continue to grow access to care by bringing more pediatric knowledgeable physicians and providing opportunities for our current physicians to expand their knowledge and education in treating our pediatric patients.

Action two | In our community, there are many opportunities that provide opportunity for families to be aware of what resources are available. As CVMC, we will take action to be readily involved to provide information and provider information to ensure our communities families are aware. Especially in Sanpete county where the Spanish population is in need of know what resources are available.

Significant Need #4: Preventative and Routine Care

1. CVMC Goal: Improving Poor Health Literacy as per the perception on community and stake holder surveys. An ongoing goal.

Action one | This is a barrier that inhibits the health of those who live in rural communities. CVMC wants to make an impact of difference by ensuring education regarding the importance of preventative care. Making this information easily accessible for those within our service area. Being largely present on social media with direct resources and updating our website for direct and common health questions.

Action two | Direct communication with current patients about health education and awareness. CVMC plans to implement a new communication system that reaches current patients about appointments and reminders. Along with that an ability to send out campaigns about certain tests, new equipment, along with health awareness months.

Action three | During our health fair week in August along with Heart Awareness Month in , we want to encourage cardiac health and awareness. With heart disease being the leading cause of death in our community and state, we see this as a need to continue to provide not just education but more accessible testing during these couple times a year.





CVMC By The Numbers



INPATIENT DAYS OF CARE 2022 -2024

ACUTE BEDS	11,904
SWING BEDS.....	4,312
TOTAL DAYS OF CARE	16,216



OUTPATIENT PROCEDURES |83,258

LAB AND RADIOLOGY VISITS.....	67,235
EMERGENCY ROOM.....	14,560
ONCOLOGY	1,463



HOME HEALTH / HOSPICE VISITS

HOME HEALTH PATIENTS.....	512
HOSPICE DAYS OF CARE.....	3,915

BIRTHS FROM
2001 - 2024

4,046

880

DELIVERIES IN
CVMC WOMEN'S CENTER



PHYSICIAN VISITS | 127,376

NEPHI MEDICAL CLINIC.....	95,145
FOUNTAIN GREEN CLINIC.....	11,992
SANTAQUIN CLINIC.....	20,239



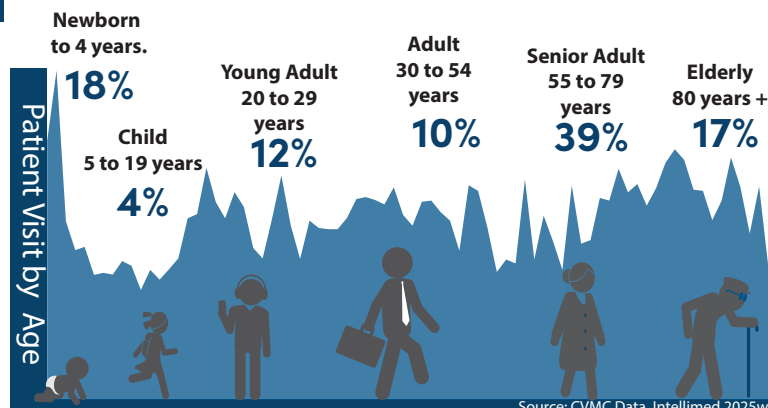
SURGICAL CASES | 10,277

INPATIENT.....	443
OUTPATIENT.....	4,072
ENDOSCOPY.....	1,571



207,245

RETAIL PRESCRIPTIONS FILLED



Resources and Endnotes

Endnotes and Resources

- Vintage 2021 Population Estimates April 2020 to July 2021, United States Census Bureau
- 2 Local and National county growth Where Counties are Growing
 - 3 Rural Healthcare within the State of Utah. <https://ruralhealth.health.utah.gov/portal/rural-hospitals-map/>
 - 4 Utah, Juab, and Sanpete County demographic and census data
<https://www.census.gov/quickfacts/fact/table/UT,sanpetecountyutah,juabcountyutah/PST045221>
 - 5 Sanpete County People and Population Explore Census Data
 - 6 Juab County People and Population Explore Census Data
 - 7 State and County Population Estimates for Utah 2021 - <https://www.google.com/url?q=https://gardner.utah.edu/wp-content/uploads/UPC-Estimates-Dec2021>.
 - 8 <https://www.neighborhoodatlas.medicine.wisc.edu/mapping>
 - 9 <https://datausa.io/profile/geo/juab-county-ut#health>
 - 10 https://data.census.gov/profile/Juab_County,_Utah?g=050XX00US49023
 - 11 IBIS-PH - Health Indicator Report - Utah Population Characteristics: Household Income
 - 12 IBIS-PH - Health Indicator Report - Utah Population Characteristics: Education Level in the Population
 - 13 HPSAs with NHSC and Rural Facilities Overlay | OPCRH
 - 14 <https://ibis.health.utah.gov/ibisph-view/community/snapshot/report/DeathCauses>
 - 15 IBIS-PH - Health Indicator Report - Suicide
 - 16 IBIS-PH - Health Indicator Report - Deaths due to Diabetes as Underlying Cause
 - 17 Key Health Indicators - Stats of the States - NCHS Pressroom
 - 18 Central Utah Health Death Causes <https://ibis.health.utah.gov/ibisph-view/community/snapshot/report/DeathCauses>
 - 19 Central Valley Medical Center data, CernerWorks 2020-2021
 - 20 SurveyMonkey - CHNA 2022 Survey Responses
 - 21 Juab County Travel Facebook Page - Photographs provided of events within the county.

Apendixes A: Local Interagency Council Members and Entities

- **Central Utah Counseling Center**
 - Chad Williams
 - Taija Mecham
 - Chelsie Wilkey
- **Central Utah Public Health Department**
 - Darla Ewart
- **Central Valley Medical Center**
 - Yvette Larson
- **Children's Justice Center**
 - Heather Williams-Young
- **DCFS**
 - Rhonda Quintana
 - Albert Phipps
 - Randi Griffith
 - Tyler Thompson
 - Amberly Garner
 - Ginger Tolman
 - Chantell Parkin
 - Morgan Menlove
 - Trroy Gasser
- **Families First**
 - ShaunaLee Wall
- **Juab County**
 - Doug Anderson
 - Travis Kenison
 - Brady Talbot
 - Ryan Peters
 - Amy Taylor
 - Drake Underwood
 - Richard Hansen
 - Don Beese
- **Juab School District**
 - Blair Albrecht
 - Krystle Bassett
 - Catherine Bowring
 - Mike Bowring
 - Dr. Royd Darrington
- **Juab School District Cont.**
 - Lyndsay Downard
 - Dr. Kodey Hughes
 - Kevin Jacobsen
 - Monica Jacobsen
 - Sandy Nielsen
 - Jim Langford
 - Darren Mecham
 - Nate Murdock
 - Richard Pay
 - Denise Park
 - Heidi Robins
 - Cathy Sunderland
 - Mindi Turpin
 - Rachelle Baxter
 - Erika Johnson
 - Brandi Webster
 - Mary Wohlforth
 - Kasey Wright
- **Juab School Board of Education**
 - Linda Hanks
- **Juvenile Justice Services**
 - Kingi Langi
 - Jill Mower
 - Justin D. Seely
 - Garrett Steele
 - Penny Stubbs
 - Audrey Chavez
 - Joel Kasparian
 - Ulises Gutierrez
 - Jenn Orton
- **Juvenile Probation**
 - Brenda Winn
- **Levan City**
- **Mona City**
- **Nephi City**
 - Kyle Bell
 - Mike Morgan
- **Nephi City Cont.**
 - Craig Oswald
 - John Deeben
 - Bert Wright
- **System of Care - High Fidelity Wraparound**
 - Heather Anderson
- **Tintic School District**
 - Crystal Leuk
 - Karen Kramer
 - Gregory Thornock
 - Jennica Beckstrom
 - Peggy Drussel
 - Brian Ward
- **Utah State University Extension**
 - Tasha Howard
 - Christi Nicholls
 - Claudia Newell
 - Teisha Walker
- **Central Utah Educational Services**
 - Laren Ezzell



Apendixes B: Juab Unites Motivating Prevention Coalition Members

- Ali Painter
- Allen Sain
- Amanda Reynolds
- Amy Taylor
- Bert Wright
- Catherine Bowring
- Chad Williams
- Chief Mike Morgan
- Christi Nicholls
- Chrystal Leuk
- Cory Christensen
- Cris Durbin
- Darla Ewart
- DeAnn Baxter
- Denise Park
- Doug Anderson
- Dr. Todd Sorensen
- Dr. Kodey Hughs
- Gay Hansen
- Gregory Thornock
- Heather Anderson
- Heather Williams - Young
- Heidi Pearson
- Heidi Robins
- Jay Cram
- Jennifer Bosh
- Jennifer Holmes
- John Deeben
- Justin Seely
- Keisha White
- Keith South
- Ken Rowley
- Kyle Bell
- Kyle Biggler
- Matt Flander
- Melanie D.
- Michael Oswald
- Mike Bowring
- Morgan Menlove
- Natalie Jacobson
- Natasha Dansie
- Nikki Sperry
- Rebecca Dopp
- Rhonda Quintana
- Richard Hansen
- Ruth Bonzo
- Ryan Peters
- ShaunaLee Wall
- Tasha Howard
- Travis Kenison
- Travis Ludlow
- Trent Brown
- Troy Gasser

Appendix C: Advertising Awareness Efforts

A. Local Newspaper Listing



Community Health Needs Assessment 2025

CENTRAL VALLEY MEDICAL CENTER

We want to know what **YOU** think. Please take a few minutes to complete our C.H.N.A. 2025 survey.

As one of our valued community stake holders, your answers will remain anonymous. Your feedback will be considered as we strive to advance health care services at Central Valley Medical Center and in our surrounding communities.

Thank you for taking the time to complete this

TAKE OUR SURVEY ONLINE | CentralValleyMedicalCenter.com

TAKE OUR SURVEY
You can use your smart phone camera to scan the QR Code below to take our short CHNA survey!

TAKE OUR SURVEY
You can use your smart phone camera to scan the QR Code below to take our short CHNA survey!

B. Social Media Listing



cvmcutah

TAKE OUR SURVEY ONLINE | CentralValleyMedicalCenter.com

Community Health Needs Assessment 2025

We want to hear from **YOU!**

TAKE OUR SURVEY
You can use your smart phone camera to scan the QR Code below to take our short CHNA survey!

View insights **Boost post**

4

Liked by **tayliebehling** and others

cvmcutah We want to hear from YOU....

Every three years CVMC conducts a survey called the "Community Health Needs Assessment" where we find out what the community we serve believes are the largest health issues facing our service area.

We want to hear from you. Take a screenshot of this post, open in photos and tap on the QR code to leave us your thoughts on a short 10 question survey.

#cvmc #CHNA #healthycommunity

Apendixes C: Advertising Awareness Efforts

C. CVMC Website

Needs Assessment

Category: Local News, Health Education

Product:

Written By: Makenzie Memmott



Every 3 years, CVMC is instructed to conduct a Community Health Needs Assessment. This is to help ensure the area that is being served by CVMC is getting the correct health resources they believe to deem important. It guides CVMC in what to focus on bringing to the community and mainly helps improve the overall health of those within the community. Please take a moment to let your voice be heard and answer these ten questions about the health of your community.

CLICK THE LINK BELOW

https://docs.google.com/forms/d/e/1FAIpQLScualX_sZw8oiRX5XRum0tAYfe8L-17p7wtA/viewform?usp=dialog

D. Flyer

Community Health Needs Assessment 2025

CENTRAL VALLEY MEDICAL CENTER

We want to know what **YOU** think. Please take a few minutes to complete our C.H.N.A. 2025 survey.

As one of our valued community stake holders, your answers will remain anonymous. Your feedback will be considered as we strive to advance health care services at Central Valley Medical Center and in our surrounding communities.

Thank you for taking the time to complete this

TAKE OUR SURVEY

You can use your smart phone camera to scan the QR Code below to take our short CHNA survey!



E. Digital Display Boards

