



Health Fair Planned for May 17th

Central Valley Medical Center has begun preparations for their annual Health Fair. This year's theme is "Feeling Great in 2008!" The event will be held Saturday, May 17th, from 9:00 am to 12 noon.

The most popular offering at the Health Fair is always the discounted laboratory tests. This year lab tests will be offered early, beginning May 12-16, from 8-10 am each morning.

Those who have the tests done early will receive the results at the Health Fair.

Lab tests offered include: a comprehensive metabolic profile and lipid profile (cholesterol) test for \$20.00, and a prostate specific antigen (PSA) screen for \$15.00.

Thanks to a grant from the Six County Association of Governments Agency on Aging, seniors living in the six county area can receive these tests for just \$5.00 each. "We are thrilled to receive a sponsorship once again, which allows us to offer these lab tests at greatly reduced prices,"



said Dale Nielsen, Laboratory Manager.

Another popular service is bone density testing. This service is provided by Osteo Imaging, Inc., and is free of charge on a first-come, first-served basis.

Besides the above offerings, there will be blood pressure checks, glucose tests, oxygen saturation checks, and body fat testing.

Nebo Vision Clinic is a regular vendor at the Health Fair, and provides free vision screening to participants. Dr. Jared Clegg, Podiatrist, offers

free foot and ankle evaluations.

As always there will be a wealth of information on topics such as diabetes, drug and alcohol abuse prevention, emergency preparedness, and stroke prevention.

A diabetic information booth will provide free glucose monitors to the first 25 participants.

We are planning to have fun slides and activities for the kids outside. Children and adults may also tour the Air Med Helicopter, which will be on hand as well.

According to Heidi Kelso, Marketing Director, "This year's health fair is going to be bigger and better than ever! We want to make it a fun family event—something for everyone."



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Did you know?

- Central Valley Medical Center's Home Health agency was recently surveyed by the State of Utah (Medicare/Medicaid) and received a superior rating for the level of care they provide. Congratulations to our entire Home Health team!

CV Home Medical Equipment & Supply Store Expands

“I thought it would take a week to get in, but they actually had it in stock!” Those are the words of Diana Painter, a recent customer who visited the Central Valley Home Medical Equipment & Supply Store.

Diana was looking for a bath/shower chair to assist her mother in taking a shower in a more secure and seated position. She found it, along with a full line of home medical equipment products such as diabetic testing supplies, support stockings, toilet risers, walkers, canes, crutches, seatlifts, nutritional supplements, and much, much, more.

Patrick Newton, manager of Central Valley’s Home Medical Equipment & Supply Store said, “We offer a full line of medical equipment and supplies for the home. Registered Nurses are always on duty to answer questions, consult about different products, and measure for support stockings”

What about delivery? Central Valley Home Medical Equipment and Supply will gladly deliver hospital beds, home oxygen, CPAP and BiPap equipment to your home.

A registered respiratory therapist, Shane Bryan, is on staff and visits home oxy-

gen customers on a regular basis.

Patrick further noted, “If a customer is looking for a specialized piece of equipment, we can often have it within a day or two.”

The Central Valley Home Medical Equipment & Supply store is open to the public, Monday—Friday from 8:00 AM to 5:00 PM, and is located next to Central Valley Medical Center at 152 W 1500 N, Nephi, Utah. Their telephone number is 623-3060.



CVMC Teaches Poison Prevention to 3rd Graders

Did you know more than two million poisonings are reported each year in the United States?

According to Steve Breckenridge, CVMC’s inpatient pharmacist, “The majority of non-fatal poisonings occur in children younger than six years old, and more than 90 percent of these poisonings occur in the home.”

That’s why CVMC makes it a point to visit the third graders in our area during National Poison Prevention Week to

educate children about the dangers of poisonings and how to prevent them.

The third graders in Juab School District, along with those in Fountain Green Elementary School, viewed the presentation and received poison prevention coloring books and crayons.

Students were challenged to do a home survey with their parents to help eliminate unnecessary poisons. The class with the highest number of surveys returned won a pizza party courtesy of CVMC.



Emergency Medical Services Week: May 18-24

Emergency Medical Services (EMS) teams in our local area will celebrate National Emergency Medical Services week, May 18-24. The purpose of the week is to publicize safety and recognize those individuals who provide the day-to-day lifesaving services of medicine’s front line.

“We could not do our jobs without the local EMS groups. They are worth their weight in gold,” said Randy Allinson, Director of Patient Care Services at CVMC.

It is difficult to imagine sometimes why an individual might want to become an EMT. Long hours and little compensation combined with witnessing shocking



trauma scenes can be more than some people can stand.

EMS personnel are largely volunteers,

who serve with little recognition for their dedication and hard work. “We would like to take this opportunity to let those who serve know they are appreciated,” said John Gledhill, COO, at Central Valley Medical Center.

Firefighters from our local volunteer fire departments are also considered EMS personnel. They respond to automobile accidents and other trauma situations.

Local EMS organizations that provide service to Central Valley Medical Center include: East Juab, Levan, West Juab, Eureka, North Sanpete, Rocky Ridge First Responders, and West Desert.

Join us in saying thank you to our local EMS personnel!

Radiology Services Receive High Marks

The radiology services at CVMC received the highest marks possible during a recent inspection. According to RaNae Bryan, Radiology Department Manager, the inspection was conducted by the Utah Department of Health & Human Services, and assures all equipment and personnel meet established guidelines. "We feel our services and equipment are state of the art, but it's always nice to hear it from an inspector," commented RaNae.

The radiology department is one of the busiest places at Central Valley Medical Center. The department generally processes 11,000 radiology procedures each year. Services provided include general radiography, fluoroscopy, ultrasound,

mammography, CT (Computed Tomography), and mobile MRI (Magnetic Resonance Imaging). General x-ray is the most common service provided by the department.

"We feel our services and equipment are state of the art, but it's always nice to hear it from an inspector."

RaNae Bryan, Radiology Dept Mgr

Certified mammography technician, Shelith Jacobson, oversees the mammography services at CVMC. Shelith is quick to boast that CVMC is accredited by the FDA and the American College of Radiology (ACR), one of the most prestigious accreditations for such a program.

An exciting change the department will soon see is the implementation of a digital processing unit. Converting to a digital format means images will be transmitted and viewed instantly by the ordering physician. That physician could be as close as the nearby clinic, or as far away as India.

Sending x-rays to specialists is a time consuming task. This would become a lot easier, as the images would be transmitted electronically. Convenience in viewing the images and the obvious benefit of storage are the most compelling reasons for moving in this direction. CVMC plans to convert to digital later this year.

The radiology department has six fulltime employees and six part-time employees. In addition, four radiography students and two ultrasound students from Weber State University receive clinical training in the department each week.



Shelith Jacobson, Certified Mammography Technician



16 Slice CT Machine at CVMC

Hospital Employees Complete Disaster Training

When a disaster strikes, what will you do? Hospitals are called upon to respond to many types of disasters and must be prepared.

Central Valley Medical Center employees spent Tuesday, April 22nd training for that purpose. The hospital's response to a mass casualty event utilizing the hospital incident command system including a decontamination component, was tested.

Utah Medical Capacity Planner, Lanette Sorensen, from the Utah Department of Health (UDOH), Hospital Preparedness Program, led the

training exercise. Raul Garcia, UDOH, Training Coordinator assisted with the exercise.

Mindi Turpin, CVMC's Disaster Preparedness Coordinator, said, "Employees were given a scenario involving an explosion at Juab High School, which occurred during a basketball game. The bleachers collapsed, after which a second explosion sent a gas cloud through the gymnasium. Mass panic ensued as people tried to escape. People were trapped in the bleacher debris and many were incapacitated by the gas fumes.

This type of disaster is something we hope never happens, but we must be pre-

pared to respond."

Employees were required to activate the hospital's incident command system, demonstrating their knowledge of its content.

A hospital incident command center was quickly set up and adequately staffed. Supplies were assessed and a disaster calling tree was initiated. The hospital's disaster plan was initiated, and demonstration of involving appropriate agencies was shown.

The hospital's ability to respond to a mass casualty event along with demonstration of following appropriate decontamination processes was evaluated and found to exceed DOH expectations.

"This type of disaster is something we hope never happens, but we must be prepared..."
Mindi Turpin

OB/GYN Services now in Fountain Green

It is easier to visit an obstetrician/gynecologist these days since Dr. Stanton Bailey has begun seeing patients at the Fountain Green Medical Clinic on a weekly basis.

An obstetrician/gynecologist primarily treats women's health issues including normal and high risk pregnancy, menopause, urinary incontinence, and menstrual irregularities.

According to COO, John Gledhill, "We recognize the importance of reaching out to bring services to more patients."

"We recognize the importance of reaching out to bring services to more patients."

John Gledhill, COO

Dr. Bailey has over 14 years experience and practices at Central Valley Medical Center, in Nephi. You may call Dr. Bailey for an appointment at either 435-445-3301 or 435-623-3214.



Stanton Bailey, M.D.

Central Valley Medical Center
PO Box 412
Nephi, UT 84648



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NEPHI, UT

Visit us on the web at www.cvmed.net

Clinic Hours

Nephi Medical Clinic **623-3200**

Monday thru Friday 9 AM—5 PM

Saturday 9 AM to 12 Noon

Jerald Taylor, D.O.

James Besendorfer, M.D.

Grant Rasmussen, M.D.

Mark Oveson, M.D.

Christie Mangelson, FNP

Molly Brotherson, PA-C

Brian Gasser, FNP

Fountain Green Medical Clinic **445-3301**

Monday 9 AM—5 PM

Tuesday Evenings

0-6 PM—10 PM

Wednesday, Thursday, Friday

9 AM—5 PM

Stanton Bailey, M.D.

Molly Brotherson, PA-C

Christie Mangelson, FNP

Women's Clinic **623-3200**

Obstetrics and Gynecology

Monday thru Friday 9 AM—5 PM

Thursday Evenings

1 PM—7 PM

Stanton Bailey, M.D.

Christie Mangelson, FNP