



# Orthopedic Surgeon Already In Demand

Juab High School’s football team had a fairly decent season, at least until their quarterback, Brock Orme, was injured in a game against Richfield.



“It was the third quarter, and a lineman from the left came in and essentially sacked me. I was hit pretty hard, falling against the lineman and landing on my arm—breaking it in two places.”

Brock was taken to Central Valley Medical Center where he was treated in the emergency room by Dr. James Besendorfer.

There was good news and bad news according to Alden Orme, Brock’s father. The bad news was that the break was going to require surgical repair. The good news was that the surgery could take place right at Central Valley Medical Center, by Dr. Joel Holman, the hospital’s new orthopedic surgeon.

“Everything went so smooth. We are extremely pleased with the care Dr. Holman provided to our son. I am

confident we could not have received better care anywhere,” said Orme.

Dr. Holman began his orthopedic surgery practice in September at the Nephi Medical Clinic, and treats musculoskeletal trauma, sports injuries, degenerative diseases, infections and congenital disorders.

Dr. Holman performs surgical procedures such as hip and knee replacements, carpal tunnel release, knee arthroscopy, shoulder arthroscopy and fracture repair.



“Patients no longer need to drive long distances to receive orthopedic services,” said Heidi Kelso, Director of Marketing at CVMC.

Dr. Holman received his bachelor’s degree from Cornell University, in New

York, and his doctorate degree from Drexel University, in Philadelphia. He completed a residency in Orthopedic Surgery and a Fellowship in Hand Surgery at the University of Utah.

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- Alden Orme

“Selection for residency training in orthopedic surgery is extremely competitive, and candidates generally graduate at the top of their medical school classes. We are very fortunate to have Dr. Holman join us,” said John Gledhill, Chief Operating Officer at CVMC.

Dr. Holman and his wife Hollie have three children: Grace, age 5; Ladd, age 2; and Jack age 2 months.

Dr. Holman grew up on a cattle ranch in Leamington, UT, just a few miles from Nephi. So in many ways the Holmans feel like they have returned home.

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### Did you know?

- Flu shots are still available. See page 3 for schedule.
- Nephi City’s Christmas Light Parade will be held Saturday, November 27th.
- Central Valley Home Health was one of only 18 agencies in Utah to receive a prestigious award. See page 4 for story.

## 'Tis the Season to Give (Blood)

If you find yourself this season wanting to give, but don't seem to know what to give, consider donating blood. Come join the employees of Central Valley Medical Center and be counted among those who give by donating blood. With each donation, you are celebrating life. Consider the following:

- One donation can help save or enhance the lives of 3 different people.
- About 60% of the U.S. population is eligible, but less than 5% actually donate blood.
- An accident victim can use 50 pints of blood; an organ transplant patient

may need more than 100 pints.

- On average 20% of patients entering a hospital will need blood.
- Each year 4.5 million lives are saved with blood transfusions.
- Whole blood cannot be made synthetically; people are the only source.

The blood drive will be held on **Wednesday, December 29th, from 9:00 a.m. to 2:30 p.m.** in the hospital's second floor education room.

**Call 435-623-3115 to schedule an appointment to donate.** Be a giver!



**To Donate Blood  
On December 29th**

## Hospital Receives Quality Award

HealthInsight, a private, non-profit community based organization dedicated to improving the healthcare systems of Nevada and Utah, recognized nine Utah hospitals as recipients of the 2010 Health Insight Quality Award.

The nine hospitals recognized were selected for demonstrating high quality health care and excellence in performance on publicly reported quality of care measures. These measures come from data that is voluntarily reported by hospitals across the nation.

The national hospital rankings used to select recipients are available by visiting [www.healthinsight.org](http://www.healthinsight.org).

Central Valley Medical Center was one of four hospitals recognized for improvement in their national ranking (based on Hospital Compare data and HealthInsight rankings) for each of four clinical topic areas in the publicly reported quality of care measures.

The HealthInsight Quality Award program was launched in September 2004 to promote transparency in health care.

According to the Institute of Medicine,



**Linda Johnson, MA, RN, CPHQ, from HealthInsight, presents award to John Gledhill, COO, and Randy Allinson, Director of Patient Care Services**

transparency in health care is defined as a system that is "accountable to the public, works openly, makes results known, and builds trust through disclosure."

By using available quality data to identify high performing providers and publicizing the results, HealthInsight aims to help providers improve health care and help patients become more active and informed participants in that care.

"We are honored to commend these outstanding hospitals that exemplify the improvement of healthcare quality and outcomes for the residents of our state," said Marc Bennett, HealthInsight President and CEO. "Their commitment to excellence in healthcare delivery is evidenced by their achievement of this award."

The hospital quality data is available by visiting [www.hospitalcompare.hhs.gov](http://www.hospitalcompare.hhs.gov) or [www.medicare.gov](http://www.medicare.gov) and selecting Compare Hospitals in Your Area, or by calling 1-800-MEDICARE (1-800-633-4227).



## In The Spotlight!



Christie Mangelson, FNP

Family Nurse Practitioner Christie Mangelson, was recently recognized in the acclaimed publication, Nurse Practitioner World News, for the caring manner in which she treats patients. In the article, Christie expressed her love for what she does by saying, "I can't believe I get to do this every day and get a paycheck every 2 weeks!"

Christie sees patients in both the Nephi and Fountain Green Medical Clinics. You may make an appointment to see Christie by calling 435-623-3200 (Nephi), or 435-445-3301 (Fountain Green).

### Can I Still Get A Flu Shot?

**The answer is YES!** However, don't delay because the Nephi Medical Clinic will only offer flu vaccinations while supplies last. The cost is \$25.00. Visit the clinic for your flu shot during the following hours:

Monday through Friday

9:00 AM to 11:00 AM

2:00 PM to 4:00 PM



## New Surgery Center Nears Completion

"We are in the final phase of construction on the new surgical center, and hope to achieve occupancy by late January 2011," said John Gledhill, COO, in a recent statement on the progress of the project.

The hospital began construction on the multi-million dollar expansion project in June of this year. The project will double the operating room capacity and improve the central supply and sterilization areas. Also included in the project is a larger recovery and post-anesthesia care unit (PACU).

The project solves two problems. First, in order to accommodate the needs of orthopedic surgeon, Joel E. Holman, M.D., larger operating rooms are essen-

**"Our first hip replacement surgery went perfectly and we are planning to do a total knee replacement next week. I can't imagine what our case load will look like in the new surgery center!"**

**- Patricia Wahlberg, RN, Operating Room Supervisor**

tial, due to the size and nature of the surgical equipment involved.

The second problem solved by the project is the current operating room space is already utilized near its capacity by the hospital's existing family practice physicians, general surgeon, OB/GYN, and five other specialists. Additional rooms will provide increased availability for scheduling surgery by this group.

"The demand for surgery to be done locally has brought this project forward and is a demonstration of the commitment we have to our community," said Mark Stoddard, President of Central Valley Medical Center.

The entire Operating Room staff has been gearing up to handle orthopedic cases.

"Our first hip replacement surgery went perfectly and we are planning to do a total knee replacement next week. I can't imagine what our case load will look like in the new surgery center," said Patricia Wahlberg, RN, Operating Room Supervisor.



"We have always dreamed of offering orthopedic services, but knew there would be many obstacles to overcome in order for that dream to become reality. To see that dream fulfilled is truly wonderful," said Randy Allinson, RN, Director of Patient Care Services.





# Home Health Recognized In Top 500

Central Valley Home Health has been named one of the top 500 home health agencies in the country, according to the 2010 HomeCare Elite™. The HomeCare Elite identifies the top 25 percent of home health agencies in the United States.

“The 2010 HomeCare Elite winners continue to demonstrate a commitment to providing their patients with the best possible care while performing at the highest level,” said Amanda Twiss, CEO of OCS HomeCare.

Central Valley Home Health Executive Director, Shauna Archibald, RN, credits staff dedicated to providing top quality care and competent management with the agency’s ability to rank as one of the HomeCare Elite. She said, “We are continually reviewing our processes in order to provide the very best care for our patients. It’s important for us to give quality care but it is also important for us to help preserve the Medicare benefit by being cost conscious. We consistently work very hard on both of these issues.”



Julie Ann Parkin, RN cares for a Home Health Patient.

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## Clinic Hours

### Nephi Medical Clinic 623-3200

Monday thru Friday 9 AM—5 PM

**Thursday Evenings until 8 PM**

Saturday 9 AM to 12 Noon

James Besendorfer, M.D.

Marc F. Jones, D.O.

Christie Mangelson, FNP

Mark Oveson, M.D.

Grant Rasmussen, M.D.

James F. Rosenbeck, D.O.

Jerald Taylor, D.O.

### Ftn. Green Medical Clinic 445-3301

Monday thru Friday 9 AM—5 PM

Tuesday Evenings 6 PM—10 PM

Marc F. Jones, D.O.

Mark Oveson, M.D.

Christie Mangelson, FNP

Grant Rasmussen, M.D.

James F. Rosenbeck, D.O.

### Orthopedic Surgery Clinic 623-3633

Tuesdays & Thursdays 8 AM—4 PM

Fridays 8 AM—12 Noon

Joel E. Holman, M.D.

### Women’s Clinic 623-3200

Obstetrics and Gynecology

Monday thru Friday 9 AM—5 PM

Thursday 1 PM—7 PM

Stanton Bailey, M.D.

Christie Mangelson, FNP

### General Surgery Clinic 623-3202

Mondays 9 AM—5 PM

Richard E. Anderson, M.D.